



The New Paradigm of the Heart

Transcending Victim-Tyrant Consciousness

With Brad Laughlin

A Six-Session Virtual Course

Save These Dates!

September 27 –
November 1, 2020

Sundays 9–11am
US Pacific Time

REGISTER NOW

COURSE OUTLINE

CORELIGHT.ORG

Becoming an agent of positive transformation is the most exciting and meaningful opportunity available to us right now.

As our collective human shadow runs amok, life on Earth can feel unstable, overwhelming and frightening. However, the current challenges offer each of us the chance, individually and collectively, to “be the change” we wish to see. If we do not step up, we will feel helpless and disempowered—victims of circumstance.

Our biggest evolutionary step, at this time, both personally and collectively, is to transcend Victim-Tyrant consciousness. This lens through which we understand the world is subtle, familiar and seductive, and therefore, like the fish in water, we usually don’t even realize we are immersed in it. Based in fear, blame and shame, it blocks our ability to live fully in the heart.

Now, at this profound moment in time, we are being invited to birth a new paradigm—one based in the power of love, rather than the love of power.

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"There is no savior outside of us. We are the saviors we've been waiting for. We can stop projecting our power onto others and step into our own power and inner divinity—the Self. The new paradigm of the heart awaits humanity when enough of us make this leap in consciousness."

—Brad Laughlin, author
of *Living With Enlightenment:
A Journey of Love*

When we live in love, our polarized world begins to unify. By empowering the heart, we begin a journey out of Victim-Tyrant consciousness and into love. This includes:

- Recognizing and releasing your programs of Victim imprinting, including the patterns polarized with the Victim: Tyrant, Rebel, Savior and Martyr
- Learning to keep your heart open, no matter the outer circumstances
- Empowering the heart to unify conflicts and dualities
- Clearing fear patterning
- Re-framing shame and blame
- Forgiving life's betrayals

As you transcend your Victim-Tyrant consciousness, you truly become the change you wish to see—and you change YOUR world.

What Is The New Paradigm of the Heart?

The New Paradigm of the Heart lives inside each of us. In the old paradigm, the heart opens and closes with negative and positive stimuli, but in the new way the heart remains open regardless of external stimuli. We may encounter extreme difficulties, experience intense grief, or be faced with our metaphorical demons, but we can always choose to work with the qualities of the heart—love, generosity, compassion, forgiveness and gratitude.

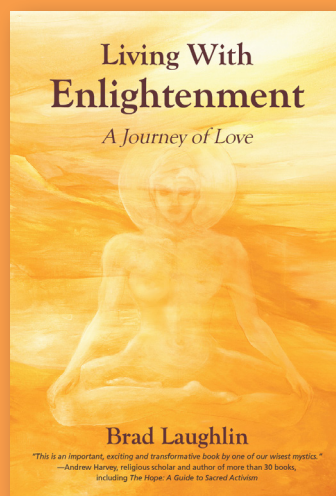
When enough of us become established in the heart, there will be a collective "tipping point" and a vast awakening of the global heart. We are already witnessing these changes manifesting in the world.

We are at the turning of a Great Age and the greatest contribution you can make right now is your own open and awakened heart so that you may regain wholeness and live in love.

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Living With Enlightenment: A Journey of Love

by Brad Laughlin



"This is an important, exciting and transformative book by one of our wisest mystics."

—Andrew Harvey, religious scholar and author of more than 30 books, including *The Hope: A Guide to Sacred Activism*

Is It Possible To Live With a Permanently Open Heart?

You may wonder how it is possible to open our hearts permanently in the face of life's betrayals, challenges and wounding.

It begins inside us—a deep clearing of our consciousness so that we can manifest the loving, peaceful world we most desire. This is not New Age fantasy, delusion or "spiritual bypassing," where we deny the reality of our world in favor of magical thinking. Ultimately, because the outer world is a mirror of our own inner reality, we can change our outer reality through changing ourselves.

This virtual course provides a roadmap and a set of tools for daily practice — a pragmatic, hands-on way of working through life's polarizations and of experiencing unity consciousness. Using simple techniques, which you can practice in the privacy of your home, it is possible to live increasingly in love, joy and non-dual awareness.

How This Course Will Help You

You will learn how to:

- Recognize and release the five primary patterns that keep your old paradigm locked in place: Victim, Tyrant, Rebel, Savior and Martyr
- Stop feeling like a victim of circumstances
- Become established in the permanently open heart
- Strengthen your "Witness"—the neutral observer who lives in a state of deep inner peace, no matter the outer circumstances.

You will receive personal practices and practical tools that:

- Help you discover purpose and meaning
- Move you beyond negativity and limitation
- Ground the spiritual principles.

The New Paradigm of the Heart

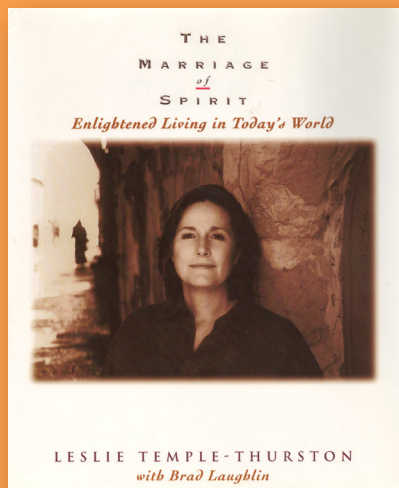
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The Marriage of Spirit: Enlightened Living in Today's World

by Leslie Temple-Thurston
with Brad Laughlin



"The Marriage of Spirit is the bible of non-duality! Ultra-clear explanations of how we hold polarities in our awareness fields. I recommend it to everyone I mentor as a 'must read'."

—Lucia Rene, author,
Unplugging the Patriarchy

The course will include:

- Hands-on practice with Brad in *The Marriage of Spirit* polarity work
- Q&A with Brad
- Guided meditations and visualizations
- An energetic transmission to help you open your heart and live in joy.

We are all being given the opportunity to take a quantum leap on this journey—both personally and collectively.

Join us as we embody and embrace
The New Paradigm of the Heart.

Together we will transform our world!



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"When we can forgive life, Spirit, others and ourselves for putting us through challenges, we transcend victim consciousness and move into the paradigm of the heart. Learning to forgive may be life's greatest challenge, yet it is our next evolutionary step."

—Brad Laughlin, author, *Living With Enlightenment: A Journey of Love*

About Brad

A spiritual teacher for over 20 years, **Brad Laughlin** has offered innovative ways of helping people transform consciousness and awaken during these times of great change—in particular how to keep the heart open in the face of adversity. At his events he shares a transmission of love, joy and healing energy that is uplifting and enduring.

His most recent book is ***Living with Enlightenment—A Journey of Love***, about his 27-year life-partnership with teacher of enlightenment, **Leslie Temple-Thurston**. All of Brad's **books** offer tools, guidance and inspiration for spiritual transformation through the teachings of non-duality.

Brad is the Executive Director of the international non-profit organization, **CoreLight**, which is dedicated to fostering outer peace through developing personal inner peace. He facilitates journeys to sacred sites worldwide and is a co-founder of **Seeds of Light**, CoreLight's humanitarian arm, serving marginalized communities and AIDS orphans in South Africa. He has a B.S. degree from Duke University. When not with his spouse, Leslie, in South Africa, he is traveling and offering events throughout the world.

Register Now!

This event is for those new to CoreLight's work as well as for the advanced.

We are all being invited to live in love as we move into further transcendence of victim-tyrant consciousness.

**Brad will teach six live, weekly video classes on Sundays,
September 27 – November 1, 2020, at 9–11am US Pacific Time.**

To calculate the time zone in your area, please use this handy time zone calculator: <https://www.timeanddate.com/worldclock/>.

Upon registration, you will receive confirmation by email, including instructions on how to connect to the course.

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"In every situation—no matter how painful and traumatic—there is a gift and an opportunity. Finding them begins the process of learning to love what is and to move beyond victim consciousness."

—**Brad Laughlin**, author
of *Living With Enlightenment:
A Journey of Love*

About the Six-Session Virtual Course

SESSION ONE

The New Paradigm of the Heart

- What is *The New Paradigm of the Heart*?
- Why are so many blocked from fully and permanently living in the heart?
- How do we move beyond the limiting, repeating patterns of Victim-Tyrant consciousness that keep us stuck in negativity, anger, pain and fear?
- When is it going to change?

Humanity has been locked into the paradigm of separation where the "head" has dominated the "heart", and fear has ruled over love. In this old paradigm the heart opens and closes at the whim of negative and positive external stimuli, intensifying the existing imbalances and forcing the heart to shut down. This dynamic has brought our systems to the brink of collapse. We are at the turning of a Great Age and it is time, right now, for our hearts to be reopened so that we may regain wholeness and live in love. The greatest gift we can offer each other and Mother Earth is our open and loving heart: We change the world through changing ourselves.

You'll learn how to:

- Hold the vision of *The New Paradigm of the Heart*
- Put your love into action and become an agent of positive transformation for the Earth and her sentient beings
- Strengthen your "Witness" so that you can hold the still point within the storm
- Recognize and release the five limiting, old-paradigm patterns of: Victim, Tyrant, Rebel, Savior and Martyr
- Develop your compassion, love and forgiveness

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*The course includes
new personal practices
never before offered
through CoreLight.*

What You'll Receive:

- A “map and tool-kit” to help you work through life’s polarizations
- Exercises to open the heart and experience unity consciousness
- A guided meditation and energetic initiation into *The New Paradigm of the Heart*

SESSION TWO

Healing Victim Consciousness

- What is Victim consciousness?
- Where do we see it in our individual and collective trauma?
- Why is it urgent to heal the Victim in ourselves and our world?
- How does it relate to the Divine Feminine and the misuse of power?

Victim consciousness is the primary knot that prevents our spiritual evolution and holds Earth and her sentient beings back from experiencing *The New Paradigm of the Heart*. It is subtle, familiar and seductive, and we are so immersed in it that we are no longer able to recognize its impact. Clearing it is the key to awakening the Divine Feminine and right relationship with power. When you heal the Victim in yourself, you are empowered to take a quantum leap into a higher dimension—that of unconditional Love.

You'll Learn How To:

- Witness and heal personal and collective wounding arising from abuse of power, including
 - ◆ Misogyny
 - ◆ Racism
 - ◆ Homophobia
 - ◆ Colonization
 - ◆ Witch hunts
- Release yourself from the grip of the “deprived inner child” and the disabling feelings of being wronged by life’s betrayals

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“Knowing Leslie and Brad has been, for me, a knowing of both the visible and Invisible. They are conveyors of Soul Love and knowing, and I am so grateful for their Mastery and teaching of the rare and seldom spoken of realms.”

—**Dr. Marj Britt**, author, *Your Soul's Invisible Codes: Unveiling Your Sacred Love Story*, Founder, Called By Love Institute, Senior Minister Emeritus, Unity of Tustin, CA

- Overcome feelings of disempowerment and take back your personal power and authority
- Reawaken the power of the Divine Feminine to bring back balance and alignment

What You'll Receive:

- New fear-clearing exercises never before offered through CoreLight
- Tools for processing limiting beliefs and behaviors tied to Victim consciousness
- A guided meditation and energetic initiation into awakening the divine feminine

SESSION THREE

Healing Tyrant Consciousness

- How do the Victim and Tyrant amplify each other?
- Are we finally at the end of a cycle?
- Why has the Tyrant been necessary, and is there a gift in life's difficulties?
- Have we learned our lessons from the experience of manipulation, domination, control and the abuse of power?

The Victim and Tyrant have been in a polarized dance for millennia. Personally and collectively, this polarity has given us many opportunities to understand the use and misuse of power. The final lessons and unprecedented change are upon us. Humanity is going through a dark night of the soul, which many of us are experiencing on a personal level too. The outmoded systems of separation that have dominated our planet for eons are dying, and the New Paradigm is being birthed. We chose to incarnate at an extraordinary time in human evolution. We have the opportunity—right now—to move beyond the love of power into the power of love.

You'll Learn How To:

- Recognize the dance of Victim and Tyrant in your own life
- Reframe the role of the Tyrant

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Whether you are new to CoreLight or a longtime student, there will be something for everyone.

- Complete the cycle of domination and abuse
- Embrace the gift in life's challenges
- Understand the role of projections in perpetuating the cycle of domination and abuse
- Take back your projections, including those onto:
 - ◆ Outside authorities
 - ◆ Patriarchal systems
 - ◆ Illnesses and germs
 - ◆ Situations beyond your control

What You'll Receive:

- Exercises to recognize and release the Tyrant's patterning in your life
- Personal healing practices allowing you to forgive the people and things you feel have persecuted you.
- A guided meditation and energetic initiation into the power of love and forgiveness

SESSION FOUR

Healing Rebel Consciousness

- What is the Rebel patterning?
- Is it ever constructive to use the power of the Rebel?
- Why does it trap and limit us?
- Can the Rebel lead us to true freedom and sovereignty?

Anger and self-righteous indignation are common human responses to the subjective experience of being wronged. In the aftermath of unfairness or betrayal, many seek retribution. It is the Rebel who stands up to the Tyrant and refuses to comply or demands radical change. Whether acting on this impulse—or merely fantasizing about it—indulging our Rebel patterning can feel really good! However, while the Rebel can serve us well, it can also hinder and trap us. It is therefore important to manifest its highest expression.

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"The teachings and wisdom I have gained from Leslie, Brad and CoreLight have helped me work through so many challenging periods.... Their support helped me not only to survive [stage-four terminal bone cancer], but to heal and come out the other side still smiling.

Leslie and Brad are two of the most authentic, enlightened, kind, compassionate, and loving people on this planet that I am blessed to know as teachers and friends."

—**Ally Drummond**, facilitator,
therapist/coach, South Africa

You'll Learn How To:

- Recognize the patterning of the Rebel
- Channel the power of the Rebel constructively
- Witness and heal any limiting patterns of the Rebel
- Be free from its repeating cycles—personally and collectively
- Transcend the Rebel's polarization with Victim and Tyrant
- Move beyond the paradigm of power and powerlessness and into the permanently opened heart

What You'll Receive:

- Exercises to help you live the true, lasting freedom and sovereignty sought by the Rebel
- A guided meditation and energetic initiation into fulfilling your soul's highest purpose—your true empowerment

SESSION FIVE

Healing Savior-Martyr Consciousness

- What are the Savior and Martyr patterns, and how do they hold a hidden, critical key to transcending the outmoded Patriarchal paradigm?
- How do the Savior and Martyr perpetuate Victim consciousness?
- Why do we project our power onto outside authorities?
- Is it possible to protect and serve without becoming trapped by the patterning of the Savior and Martyr?

The hierarchical system entrenched in the paradigm of separation sets up unhealthy patterns of power within us. Most of us are taught, from childhood, to project our power onto external authority figures. We hope to be rescued, protected or validated by our parents, politicians, doctors, celebrities, teachers and religious leaders and the systems they represent. Disempowered, we are infantilized even as we grow into adulthood, and we remain so until we make the Savior pattern conscious, heal it and step into our empowerment. We are also

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*We will all take our next
step on this journey of
healing together.*

taught to rescue and protect that which we love—whether it be people, animals or nature. Although this is wholesome, our good intentions are sometimes misplaced and unbalanced, leaving us feeling depleted, depressed and resentful. This is the patterning of the Martyr. One of the most critical—yet hidden—keys to transcending the outmoded Patriarchal paradigm and to living fully in the heart lies in healing the often-overlooked Savior and Martyr patterns.

You'll Learn How To:

- Identify, witness and clear
 - ◆ The Savior pattern: The practice of projecting your power in order to rescue or protect
 - ◆ The Martyr pattern: The practice of over-giving, self-sacrificing and burden-bearing
- Take back your power and authority
- Put your love into action in a balanced and sustainable way
- Become an empathic, empowered, healthy sacred activist
- Heal from burnout and compassion fatigue

What You'll Receive:

- Tools to clear the limiting beliefs and behaviors arising from Savior and Martyr patterning
- Personal practices to balance service to others with self-care and self-love
- A guided meditation and initiation into living a life of equanimity, compassion and generosity

SESSION SIX

Forgiveness: The Key to the Heart

- What is the role of forgiveness in opening the heart?
- Why is forgiveness essential to healing the heart?
- When is it important to forgive?
- Is it possible to forgive from the position of Victim, Tyrant, Martyr, Savior or Rebel?

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"CoreLight has made a huge difference in my life... Classes taught by Leslie and Brad ... have been profoundly transformational. CoreLight is willing to look at the big picture of the global crisis rather than avoiding it, and not only look, but utilize what's happening externally to help us heal the inner world, so that outer and inner are joined for personal and planetary transformation."

—**Carolyn Baker, Ph.D.**, author of *Dark Gold: The Human Shadow And The Global Crisis*, and co-author with Andrew Harvey of *Return To Joy and Savage Grace*.

Through witnessing ourselves “doing” the five patterns and by employing the healing practices presented in the course, we learn to embody our own authentic power and leap into *The New Paradigm of the Heart*. The key practice through this journey is cultivating unconditional love. It begins with developing tolerance and fostering compassion, and eventually leads to the ultimate tool for healing—forgiveness. Forgiveness is about embracing unity and overcoming our sense of betrayal. We feel betrayed when, for whatever reason, the trust we had in something is damaged or broken. Learning to forgive may be our most difficult lesson, yet it is necessary for our next evolutionary step. When we can forgive life, Spirit, others and ourselves for the pain we experience in life, we transcend Victim consciousness and enter the realms of unconditional love and the permanently opened heart.

You'll Learn How To:

- Embody your authentic power
- Cultivate the qualities of the heart
- Forgive all betrayals
- See beyond the illusion of our virtual reality
- Discover the truth of your vast, eternal Being
- Know yourself as an embodiment of love
- Practice the skills to keep your heart open regardless of external provocations

What You'll Receive:

- Exercises in finding forgiveness—the ultimate healing power
- A step-by-step outline for shifting into *The New Paradigm of the Heart*
- A guided meditation and initiation into forgiveness and unconditional love

REGISTER HERE